

A clearer next step

A printable organiser for work-sponsorship difficulties. Keep it private and take it to an appropriate adviser.

This planner helps you organise facts and find support. It does not assess your immigration status, choose a visa route, calculate a deadline or provide representation. A regulated professional should advise on your circumstances.

If a date or notice worries you

Seek prompt advice from an appropriate regulated adviser. Keep the actual message or letter. Do not assume there is a universal 60-day period, or that a job offer on its own resolves your immigration position.

[Find an immigration adviser on GOV.UK](#)

My next practical action

What I need to clarify with an adviser

No passport numbers, CoS numbers, bank details or case references are needed in this planner. Store original documents separately and securely.

Prepare for an advice appointment

Keep facts separate from assumptions. Let your adviser interpret the documents.

What happened, and on which date?

What did my employer tell me?

What official correspondence have I received?

What date is written in that correspondence?

Ask about your permission, work and travel conditions, family members, any action date, fees and the adviser's service scope. This planner does not supply the answers for your case.

Find support in the UK

Confirm location, eligibility, appointment requirements and current availability before visiting.

Leeds / Yorkshire — Migrant Action

Migrant support, advocacy and practical assistance. Contact the service about scope and availability.

[Migrant Action official website](#)

England — displaced adult social care workers

The government support offer links to regional partnerships. Eligibility and capacity apply.

[Government care-worker support route](#)

Scotland — Scotland's Migration Service

Information and free advice appointments, subject to current eligibility.

[Scotland's Migration Service](#)

Wales — social care support

NAS offers support and signposting for overseas social care workers. It does not provide immigration or legal advice.

[Welsh Government support information](#)

Northern Ireland — Migrant Centre NI

Contact the organisation about support appropriate to your needs. Verify adviser registration where relevant.

[Migrant Centre NI](#)

Independent directory: these organisations are not presented as AFRIX partners or guaranteed to accept a referral. The online navigator contains more resources.

Republic of Ireland

A separate country with a separate immigration and employment-permit system.

Scotland and Northern Ireland are part of the UK. The Republic of Ireland is not. A UK CoS or UK permission does not establish permission to work in the Republic of Ireland. Do not transfer UK deadlines or sponsorship rules to an Irish situation.

Migrant Rights Centre Ireland

MRCI provides free, confidential information and support to migrant workers and families. Its information centre is appointment-based and says it is closed for walk-ins. Use the official query process.

[MRCI contact and appointment information](#)

Official employment-permit information

[Irish government employment-permit information](#)

Questions to take to an appropriate adviser

Research employers carefully

Licence information, a genuine vacancy and your own eligibility are three separate checks.

Start with the current official UK register

Download the latest Worker and Temporary Worker sponsor register from GOV.UK. Check the exact organisation, location and route. A listed sponsor is not necessarily hiring or offering sponsorship for a particular role.

[Official sponsor-register publication](#)

Confirm a genuine job through the employer

Use the employer's own website and independently verified contact details. Ask for the role, pay, hours and sponsorship position in writing. Seek independent advice about unexpected recruitment charges or guaranteed-outcome promises.

Questions or employer details to verify

The navigator's optional CSV importer reads a file on your device. It does not authenticate the file, verify vacancies or determine whether you qualify.

Keep a simple follow-up record

Record dates from the actual source. No legal deadline is calculated by this planner.

Organisation or action

Confirmed date and where it was confirmed

Next question or follow-up

Organisation or action

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Before sharing: check the recipient, remove unnecessary personal information and keep a private copy. Professional immigration review of this resource and affected-user testing are pending.